

Local Breastfeeding Support Group



**Give your baby the best start in
life - there's no milk like mum's milk**

All breastfeeding mums and babies are invited to attend:

Bessbrook

Every 3rd Wednesday @ 11-12:30pm
Hidden Treasures **T: 028 3086 0486 / 3083 0022**

Crossmaglen

Every 2nd Wednesday @ 11-12:30 pm
Community Centre **T: 028 3086 0486 / 3083 0022**

Mullaghbawn

Every 4th Wednesday @ 11-12:30pm
Community Centre **T: 028 3086 0486 / 3083 0022**

Kilkeel

Every Tuesday @ 10:30-12:00 noon
The Sea Shell Centre **T: 028 4176 4718**

Newry

Every Monday @ 10:30-12:00 noon
Orana, Warrenpoint Road **T: 028 3083 4209**

Come along for friendly informal support and encouragement
from health professionals and volunteers and meet
other breastfeeding mums in your area.

Mums-to-be and Toddlers welcome too